



LACONIA

PUBLIC LIBRARY

Monthly Adult Craft newsletter

February 1, 2020 | 1st edition

Upcoming Events

See what else is happening [at the Library!](#)

Regular Programs

Link to [Recurring Library Programs.](#)

Check out our Museum Passes

Link to [Library Passes.](#)



Greetings!

Preview what's coming up this month at the Laconia Public Library! If you would like to know more about an event give us a call at 524-4775, text us at 556-4666, or email info@laconialibrary.org.

We love hearing from you!

Director, Randy Brough

Soothing Stitches

Tuesday, February 4 & 18
4-6pm
Volpe Room



Need an escape? Join us for social needle crafting, classical music, and tea! Knitters, crocheters, cross-stitchers, all are welcome. Create a moment of Zen with your yarn, a hot cup of chamomile tea, and some Bach.

Drop-In Watercolor String Art

Tuesday, February 18
2-3:30pm
or
6-7:30pm
Laconia Rotary Hall

Create a unique abstract picture using string! Choose to doodle some embellishments, or simply follow where the paint takes you!

All materials provided, no artistic ability needed to create something fun and colorful!

No sign up required for this craft.
Drop-in during the open sessions.



Seasonal Coloring



Friday, February 21
1-2:30pm
Volpe Room

Coloring with light music and conversation. All supplies are provided. Come enjoy and relax!

Craft Instructions

Did you know?

All of our previously made craft program instruction sheets are available on our library website:

<https://www.laconianh.gov/877/Monthly-Adult-Craft-Instructions>

Adult Craft: Sugar Scrub

INGREDIENTS

- 1/2 cup coconut oil
- 1/4 cup granulated sugar (you can use up to 1/2 cup if you want your scrub to have a more coarse, sand-like texture)
- No more than 25 drops of essential oil
- 2 vitamin E soft gels
- 4oz ball jar

DIRECTIONS

- Combine all ingredients into provided bowl.
 - **TIPS**
 - Fill coconut oil to the top, firmly packed.
 - Do not shake essential oil, pour gently.
- Mix thoroughly
- Fill ball jar



TO USE

- On your face—use at sink, or in the shower. Massage in circular motions for 30 seconds (avoid hairline so it doesn't get greasy). Rinse and pat dry.
- On your hands—massage into your hands and fingernails for 30 seconds. Rinse and pat dry.
- On your legs and feet—massage into your legs and feet while in the bath or sitting in the side of the bathtub. Rinse and pat dry. (Never use on your feet in the shower because the coconut oil is slippery and you risk falling.)

695 Main Street
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Monday - Thursday 9 - 8
Friday 9 - 6
Saturday 9 - 4

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